COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS AGENDA ITEM TRANSMITTAL

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 7/9/2013	` '	CONTACT/PHONE dy Collins, ASM, 788-2932; Amy Olson, ASO II, 781-4729					
(4) SUBJECT Request to approve a contract amendment (Clerk's file) with the Department of State Hospitals to extend the existing contract through December 31, 2013, and increase the contract by \$265,492 to an amount not to exceed \$720,860, with all other provisions of the contract remaining the same, to continue the State funded Conditional Release Program providing mental health services to clients released from State Hospitals.								
(5) RECOMMENDED ACTION It is recommended that the Board approve and direct Chairperson to sign a contract amendment with the Department of State Hospitals to implement a time extension and budget increase to the existing contract through December 31, 2013, and increasing the contract by \$265,492 to a new contract amount not to exceed \$720,860, with all other provisions of the contract remaining the same.								
(6) FUNDING SOURCE(S) State	(7) CURRENT YEAR FINANCIAL IMPACT \$265,492.00	(8) ANNUAL FINANCIAL IMPACT \$265,492.00		(9) BUDGETED? Yes				
(10) AGENDA PLACEMENT { X } Consent { } Presentation { } Hearing (Time Est) { } Board Business (Time Est)								
(11) EXECUTED DOCUMENTS { } Resolutions { X } Contracts { } Ordinances { } N/A								
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) N/A			(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: N/A { } 4/5th's Vote Required					
(14) LOCATION MAP (1	5) BUSINESS IMPACT STATEMENT?		(16) AGENDA ITEM HISTORY					
No No			{ } N/A Date: _11-6-12					
(17) ADMINISTRATIVE OFFICE REVIEW								
Reviewed by Leslie Brown								
(18) SUPERVISOR DISTRICT(S) All Districts -								

County of San Luis Obispo

TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director

Karen Baylor, Ph.D., MFT, Behavioral Health Administrator

DATE: 7/9/2013

SUBJECT: Request to approve a contract amendment (Clerk's file) with the Department of State Hospitals to extend

the existing contract through December 31, 2013, and increase the contract by \$265,492 to an amount not to exceed \$720,860, with all other provisions of the contract remaining the same, to continue the State funded Conditional Release Program providing mental health services to clients released from

State Hospitals.

RECOMMENDATION

It is recommended that the Board approve and direct Chairperson to sign a contract amendment with the Department of State Hospitals to implement a time extension and budget increase to the existing contract through December 31, 2013, and increasing the contract by \$265,492 to a new contract amount not to exceed \$720,860, with all other provisions of the contract remaining the same.

DISCUSSION

The Department of State Hospitals (DSH) wishes to extend its contract with the County to continue to provide mental health services for up to seventeen (17) CONREP clients, who currently reside in the County and are enrolled in the program. The County has provided CONREP services under contract with the State of California for over twenty-two (22) years.

CONREP offers highly structured outpatient mental health services to clients released from State Hospitals. Most clients eligible for the program have committed crimes for which they were found "not guilty by reason of insanity." Due to their insanity defense, these clients were placed by the courts in State Hospitals for psychiatric treatment. Mentally Disordered Offenders on parole by the California Department of Corrections can also be placed in CONREP by the Board of Parole Hearings for mandatory outpatient mental health treatment as one of their conditions for parole.

The CONREP staff provides evaluations of readiness for community outpatient treatment for clients incarcerated at Napa, Metropolitan, Patton, and Atascadero State Hospitals on a semi-annual basis or as needed. The evaluations include the review of medical records and consultations with the State Hospital treatment providers.

On November 6, 2012, your Board approved a contract with the Department of State Hospitals for a term of July 1, 2012 through June 30, 2013. It was the intention of the State to have renewal contracts for the period July 1, 2013 – June 30, 2014 sent to each County for review and approval sometime during June 2013. However, the State has been delayed in sending these contract renewals out due to the extensive changes the State is making to their budget methodology for the program. Therefore, the State has asked each County participating in the CONREP program to sign a contract amendment to the current contract to implement a six-month extension to ensure the continuity of the provision of mental health services. The term of the contract would be amended to read July 1, 2012 through December 31, 2013. The compensation of the contract would be amended to read the total maximum amount to be \$720,860. Execution of this amendment will allow the State more time to refine and finalize the new CONREP budget methodology and implementation while allowing each County to continue to be reimbursed for services without interruption.

OTHER AGENCY INVOLVEMENT/IMPACT

County Counsel has reviewed and approved the contract as to form and legal effect.

FINANCIAL CONSIDERATIONS

Total CONREP program spending for July 1 2012 through December 31, 2013 is expected to be \$835,584. Program spending is comprised of the State contract of \$720,860 and local CONREP trust funds including prior year unexpended program funds of \$114,724. The State's contract is based on the County's State determined client caseload; total program spending is based on cost of services to staff the program. The FY 2012-13 Adopted Budget includes \$568,993 in budgeted revenue and appropriation. The FY 2013-14 proposed budget includes \$557,056 in budgeted revenue and appropriation, or \$278,528 for the 6-month period July 1, 2013 through December 31, 2013.

As mentioned above, \$114,724 will be used during FY 2012-13, plus 6-month extension, from the local CONREP trust fund to bridge the gap between the State contract and the total program allocation. The local CONREP trust fund is comprised of prior years' funds not spent during the year (unexpended funds) that are then available to use in future years at the request of the local CONREP program or the State. However, the State will be suspending the practice of accumulating and using these unexpended funds effective January 1, 2014. If State contract amounts decrease, as they have over the past few years, and local CONREP trust funds are not available, or restricted by the State, this would likely result in the Department's inability to run the program in a manner as is as required by the State, leading to the possible elimination of the program locally.

The chart below provides the State CONREP contract amounts and client caseload numbers for FY 2010-11, FY 2011-12, FY 2012-13, and the extension period of 7/1/13-12/31/13:

	FY 2010-11	FY 2011-12	FY 2012-13	Contract Extension 7/1/13-12/31/13	Total Amended Contract 7/1/12-12/31/13
Description	Actual	Actual	Estimated	Estimated	Estimated
State Contract	\$590,637	\$508,993	\$455,368	\$265,492	\$720,860
Local CONREP Trust Fund of prior year's Unexpended Funds (if any)	\$0	\$60,000	\$101,688	\$13,036	\$114,724
Total Allocation	\$590,637	\$568,993	\$557,056	\$278,528	\$835,584
Total Caseload	20	19	17	17	17

RESULTS

The local CONREP program has a maximum capacity of 21 clients and during FY 2011-12 19 clients were active in the program. During FY 2011-12, over 2,316 hours of service for 19 clients were provided to CONREP clients in the form of direct outpatient services and hospital visits, in FY 2012-13 service hours are estimated to be over 2,174 for 17 clients. Furthermore, the cost of treating a client within the CONREP program is much less expensive than treating the client at the State Hospital.

The primary goal of the State is to facilitate the continuation of the local CONREP program in order to move the offenders from State Hospitals and return them to their communities, preventing potential homelessness, and provide the necessary support so the offender can re-enter the community successfully and not re-offend, while community safety is maintained. The County's CONREP goal is provide 24/7 individualized mental health services to clients to facilitate and foster independent living while promoting clients' success in not re-offending. CONREP has been successful over the past 7 years by sustaining a 0% re-offense rate.

Many CONREP clients attend college, volunteer in the community, participate and lead meetings in recovering communities, and convene the only Gambler's Anonymous meeting in San Luis Obispo County. Clients learn how to manage their finances, take care of their medical needs, cook and clean, and be a responsible member of the community.

Consistent, self-motivated compliance over time with the appropriate outpatient treatment plan can result in CONREP Page 3 of 4

clients progressing to ever increasing levels of independence. The increased levels of independence allow the CONREP staff to assess each client's coping skills. Successful clients gradually adapt from being in a maximum security State Hospital to an "unconditionally released" CONREP program. If a client demonstrates an inability or unwillingness to adhere to behaviors that will provide safety to the community, they are placed back to a level providing more intensive monitoring and increased therapeutic interventions.

The FY 2013-14 adopted Behavioral Health budget will provide the staffing, treatment, and supervision of the anticipated seventeen (17) client caseload and assist the program in maintaining its 0% re-offense rate and non-use of Psychiatric Health Facility patient days. Providing the most appropriate services to the clients increases the probability of positive treatment outcomes. Furthermore, positive treatment outcomes contribute to the wider County vision of a healthy and safe community.

ATTACHMENTS

Clerk's Filed Coversheet for CONREP Contract 6-month Extension